

## R&E Residency vs Fellowship

Start: 7:10

End: 7:40

- Residency vs Fellowship
  - Going based on a match rate with the pharmacy school the student is attending
  - Residency more internship like vs fellowship is more researched based
  - Residency can take up to about 3 years depending on the program you join
  - **Would you consider applying for residency or fellowship?**
    - Student 1: Applying to pharmacy school in the next cycle, shadowed a hospital pharmacist and liked how patient care was in clinical pharmacy and now looking towards residency.
    - Student 2: Shadowed a pharmacist at Kaiser and really liked the environment. Leaning more towards residency. However, I am more open to other options.
    - Student 3: Looking at residency but don't know about the costs and benefits.
    - Student 4: Looking towards residency. Learned about how some clinical pharmacists would do rounds with other medical professionals and help treat patients.
    - Student 5: Was looking towards residency but now leaning more towards fellowship to help find other ways for patients to consume medication.
    - Student 6: I'm not completely sure but I've been interested in a lot of therapeutic research and drug development so I'm also leaning a bit towards a fellowship too.
- Tips on Applying for Residency and Fellowships
  - Need letters of recommendation, ask preceptors, faculty members, and mentors
    - About 3-5
  - Resumes and CVs are important and want them to be reviewed
  - Interviews want to be prepared about the program information
  - Residencies
    - Sign up for PhORCAs
  - Fellowships
    - Sign up for Personnel Placement Service
  - If you match congrats! But if not, continue to look for potential job offers from your connections

- **Any surprising things about the process of applying for residency or fellowship?**
  - Student 1: Surprising that you have to apply for a residency and that there's a whole process. It's like PharmCas all over again. Should work on honing in writing skills and networking skills.
    - Matching: Puts programs as their top choices and the program has to put you as their top match as well
  - Student 2: Didn't know that you have to do a presentation during the interview. Always going to be another application that you have to fill. It's also surprising that you have the possibility that you don't match to a residency.
  - Student 3: I didn't know you had to apply to a residency.
  - Student 4: It's very much like medical students applying to residency.
- **Is Residency or Fellowship Right For You?**
  - Hospital Residency: Writer had lots of projects and clinical care responsibilities. Leading discussions and journal clubs and looking over 35 patients
  - Will test you to what are you limits
  - Develop strong time management, clinical, and communication skills
  - Think about will it give you personal satisfaction?
  - Pharmaceutical Industry Fellowship: Writer had lots of project based works. Be the person giving the medical information and that it's accurate and balanced. If it's right for you
  - Doing the fellowship gave her a fellowship card that gave her more opportunities for work
  - **What are the potential strengths and weaknesses of residency or fellowship and how would you consider it to your own decision? Are there any opportunities post-doc that you are interested in?**
    - Student 1: Pay for residency is usually low and you'll still have debt to consider. Or you could go to retail to start working in paying off the debt.
      - Clinical Pharmacy wage has been going down and retail pharmacy is being paid more but their wage is also going down.
    - Student 2: Honestly if I'm already going through so many years in schooling, I would probably stick it out with residency and then working in a clinical setting and build up pay from there
    - Student 3: I'm not sure.. But I didn't know that residency pays so little oops. I guess it makes sense and you have to work up the ladder

- Student 4: Was told that some of the residencies are more male dominant and it is something to consider of possibly being a minority in the residency/fellowship